



POLIO PERSPECTIVES

VOLUME 9 NUMBER 4

WINTER 1994

PROMOTING UNDERSTANDING THROUGH THE MICHIGAN POLIO NETWORK, INC. SINCE 1986

Man seeks others on whom polio vaccine backfired

by Jim Stratton
Newport News Daily Press

The ad, a tiny rectangle buried inside a Virginia newspaper, posed the question William Field's been asking almost half of his life.

"ONE IN A MILLION?"

Field has wondered that since 1964, the year he took an oral polio vaccine that doctors say backfired — giving him polio and weakening the left side of his body in a matter of weeks.

Now, after 30 years of partial paralysis, Field wants to know if he's really one in a million. He placed the ad recently hoping to find someone who's shared his experience. He says he's not trying to start a lawsuit — that battle's already been fought — and he's not looking for sympathy.

His ad, he says, tells the story.

"I was persuaded by various sources that I should take the vaccine and became one of the losers," it reads. "I am very

interested in seeing if there are other losers in the area this paper covers. If there is anyone out there who qualifies as 'one in a million,' kindly let me hear from you. Maybe we can form (a) One in a Million Club."

It's important, he said in a recent interview, that society remember the price some people paid in the battle to eradicate polio.

"I guess I'm just trying to keep the interest up," he said. "I think it should be recognized that a few people had to suffer the consequences so everyone else could benefit."

Field took his vaccine in January 1964. At that time, there was a national push to wipe

polio out. Communities sponsored "Sabin on Sunday" programs inviting residents to come in for the oral vaccine. The campaign proved remarkably successful, virtually wiping out the disease in the United States.

Field took his vaccine one Sunday.

At the time, he was 36, raising a family and working the land handed down by his father and grandfather.

Field says he didn't really want to go — he's always been wary of doctors — but his family encouraged him. With some nudging from his mother, Field popped the sugar cube. Within a few days, his left shoulder began aching and he became feverish. His neck grew stiff, and he felt nauseated.

By mid-February, barely able to walk, he was admitted to the hospital. Twelve days and five spinal taps later, he was allowed to go home. Doctors still hadn't been able to nail down the cause of the weakness.

He tried to return to farming but found his strength sapped. For a man who had relied on his muscle — Field is 6-foot-6 and weighs more than 200 pounds — it was a difficult time. Gradually, though, some strength returned, and Field learned to compensate with his still-healthy muscles. He was able to return to work running his farm.

Finally, after more tests, doctors determined that the Sabin vaccine had caused Field's paralysis. Instead of protecting him from polio, they said, the small amount of live virus contained in the Sabin vaccine had brought on the disease.

Field ultimately collected about \$3,200 in
-See Man seeks others on Page 2

I just want
them to
know they're
not alone.

New Additions to the Library

BOOKS

- #30 F D R's Splendid Deception — Hugh G Gallagher c 1994
- #31 How to Qualify for Social Security Disability and Protect Your Rights — David A Morton, MD c 1992
- #32 What to Do When You Can't Afford Health Care — Matthew Lesko c 1993
- #33 Meeting the Challenges of Aging With a Disability - Conference Proceedings March 1993 — Rancho Los Amigos Medical Center, Downey, CA
- #34 The Survivor Personality — Al Siebert, Ph.D. c 1994

ARTICLES AND PAMPHLETS

Pulmonary Dysfunction and Sleep Disordered Breathing as Post-Polio Sequelae: Evaluation and Management — John R Bach, M.D. and Augusta S Alba, M.D.

Guide for Treatment of Patients With Poliomyelitis — P.T. Dept. Los Amigos Medical Center c 1979

Glossopharyngeal Breathing — Clarence Dail, M.D. et al, P.T. Dept., Rancho Los Amigos Medical Center c 1979

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POLIO PERSPECTIVES is published four times a year by MICHIGAN POLIO NETWORK, INC. Personal experiences, triumphs and tragedies with the medical community and any other information which would be of interest to Michigan's more than 15,000 post-polios are welcome. Send to: **POLIO PERSPECTIVES**, 2877 South Etnia, Ithaca, MI 48847-9617.

Polio — Rancho Los Amigos Medical Center c 1990

Guideline for Manual Cough — Rancho Los Amigos Medical Center, P.T. Dept c 1991

Dysphagia: Evaluation and Treatment — Rancho Los Amigos Medical Center, P.T. Dept. c 1989

Evaluation and Management of Swallowing Dysfunction — Rancho Los Amigos Medical Center, P.T. Dept. c 1979

Laryngeal Exercises — Rancho Los Amigos Medical Center, P.T. Dept c 1991

Swallowing Structures and Their Functional Significance — Rancho Los Amigos Medical Center, P.T. Dept. c 1994

Reliving Polio — Philip Elmer-Dewitt, Time Magazine, March 28, 1994

Post-Polio Syndrome — National Easter Seal Society

The State We're In — A Citizen's Guide to Michigan State Government, 1990, The League of Women Voters of Michigan, 1992

Citizens Guide to State Government, April 1993

Coping With the Late Effects: Differences Between Depressed and Nondepressed Polio Survivors — Denise Tate, Ph.D. et al, American Journal of Physical Medicine & Rehabilitation, Volume 73, No. 1, Feb 1994

TAPE

#32 Post-Polio Syndrome Update: Texas Polio Survivors Assn., June 21, 1994

TV WRITTEN TRANSCRIPTS

Post-Polio — The News Magazine of the West, May 17, 1992

Post-Polio Syndrome Survivors Act and Practice, CNN Morning News, June 20, 1993

Post-Polio Patients Fight to Lead Normal Lives, CNN Primetime News, Segment 3, June 1993

Segment Post-Polio Syndrome, ABC News, 1994

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Your ad
could have
been here

PERSONAL POST-

Sharing our experiences with each other helps many of us understand we are not alone in the post-polio experience. We invite you to share your polio/post-polio story, either positive or negative, with us. Representative letters will be printed in future issues of *POLIO PERSPECTIVES*. We will withhold your name and/or address upon request, but all correspondence must include your name and address. Our address is:

POLIO PERSPECTIVES
PERSONAL POST-POLIO EXPERIENCES
 2977 South Ennis, Ithaca, MI, 48847-9617.

* * * * *

POLIO PERSPECTIVES:

I am a polio survivor who has been a member of your organization in the past but let my membership lapse. I would like to renew it again at this time.

Your dues were \$5 when I joined before but, in case they have gone up, I am enclosing a check for \$10. If they are less than \$10 please use the excess money for any necessary purpose.

I was glad you kept my name on file and sent me notices of your yearly get-togethers.

--Kathleen David

* * * * *

POLIO PERSPECTIVES:

Bill Waring asked me to forward this letter to you for publication in *PERSPECTIVES*. He also would like to remain on the newsletter mailing list.

Hope all is well with you!

Things are always challenging here. Thanks for all you are doing.

--Sunny (Roller)

POLIO PERSPECTIVES:

Thank you for publishing this letter in your newsletter and giving me an opportunity to address my patients at the University of Michigan's Polio Clinic. After many months of soul searching, I have left the University of Michigan. I am now the Director of Physical Medicine and Rehabilitation at St. Francis Health Care Centre in Green Springs, Ohio. I want to thank all my Michigan Polio Clinic members for all their support over the last ten years. You have taught me a lot about chronic disabilities. The two most important things you have taught me are 1) people with chronic disabilities have higher risks for developing secondary disabilities as they get older and they should have access to long term follow up, and 2) by treating people with disabilities with respect and as partners, my job was made easier.

Sad to say, no one has found a cure for the post polio syndrome. One of the good things that has come out of the post polio syndrome is having many of you becoming involved with the disability movements. As many of you have found out, medicine and rehabilitation can do just so much; just like when you first had polio there is much hard work to do.

Kenny
 Rehab
 is
 a
 United
 Way
 agency.

POLIO EXPERIENCES

Continue to be assertive, make your needs known and seek out those who will work with you in a respectful and compassionate manner. Please give my replacements at U of M a chance to get to know you and teach them well.

Green Springs is about 50 miles southeast of Toledo (about 100 miles from Ann Arbor). I would be very happy if you want to see me in my post polio clinic down here in Ohio. If you want an appointment, please call 419-639-2626. For those who cannot travel down to Ohio to see me, I wish you the best health and please continue to work **TOGETHER** to make our country a better place to live for **ALL** people with disabilities.

--William P Waring III
Green Springs, OH

* * * * *

POLIO PERSPECTIVES:

Many thanks for your packets on PPS — both the Layman and Professional! The articles are much appreciated.

I intend to share some of the info with our PPS group meeting next Tuesday.

Several of the articles were condensed in either newspapers or magazines or I'd have been familiar with them somehow. However, there were good details in many studies that are quite interesting. You sure have a great fund of data on PPS. Someone must work very hard acquiring it all. Congratulations!

Enclosed, is my donation for your work.

Keep up the good work and keep in touch if possible.

--Pat Lundberg
Livonia, NY

POLIO PERSPECTIVES:

Please help spread the word about "Equipment Connection," Kenny Rehab's free program that connects buyers and sellers of used adaptive equipment. If you or your clients need mobility related equipment or want to sell equipment that's no longer needed, call "Equipment Connection." We maintain a statewide listing of adaptive equipment such as wheelchairs, lifts, vans, children's equipment and more.

New adaptive equipment is extremely expensive. By identifying the availability of quality used equipment, "Equipment Connection" breaks the financial barriers that prohibit people with disabilities from becoming independent.

Kenny Rehab is a United Way agency that provides services for people with disabilities throughout Michigan. In addition to "Equipment Connection," we offer information and referral; "Attitudes," a disability awareness program for children; a quarterly newsletter; a video loan library; over 20 different resource lists; illegal handicap parking cards and more.

If you would like more information or have any questions, please call. Thank you for your assistance.

--Sally Manns
Rochester Hills, MI
1-(800) 237-3422

Please
help
spread
the
word
about
Equipment
Connection

Self-Identified Post-Polio Physicians

The Michigan Polio Network, Inc. has compiled a partial list of Michigan physicians who have voluntarily identified themselves to the Network's Professional Advisory Committee as knowledgeable in the diagnosis and/or management of the late effects of polio. The publication of this list does not constitute endorsement by Michigan Polio Network, Inc. of any of these physicians. If you have problems with these or other physicians, please send your specific criticism to *POLIO PERSPECTIVES*, 2877 S Ennis Rd, Ithaca, MI 48847-9617.

ANN ARBOR

Rodney Dade, M.D., U of M Medical Center, 1500 E Medical Center Drive, Box 0042, Room 1D204B & C, Ann Arbor, MI 48109-0042 [(313) 936-7210]. Specialty: physical medicine and rehabilitation.

BINGHAM FARMS

Gary Chodoroff, M.D., 31500 Telegraph Rd Suite 130, Bingham Farms, MI 48025 [(313) 647-1470]. Specialty: physical medicine and rehabilitation.

BLOOMFIELD HILLS

Young Seo, M.D., 1695 Woodward Ave Suite #102, Bloomfield Hills, MI 48302 [(313) 334-6460]. Specialty: physical medicine and rehabilitation.

COLDWATER

A. M. Manohar, 87 W Pearl St, Coldwater, MI 49036 [(517) 278-7122]. Specialty: orthopedic surgeon.

DETROIT

Adel El-Magrabi, M.D., Harper Professional Office Bldg., 4160 John R, Suite #802, Detroit, MI 48201 [(313) 833-1988].

Steven Hinderer, M.D. & Frank Blumenthal, M.D., Rehabilitation Institute of Michigan, 261 Mack Blvd, Detroit, MI 48201 [(313) 745-9733]. Specialty: physical medicine and rehabilitation.

Maury Ellenberg, M.D. & Dong W.

Lee, M.D., Sinai Hospital of Detroit, 6767 W Outer Drive, Detroit, MI 48235 [(313) 493-6554 Appointments (313) 493-6300]. Specialty: Physical medicine and rehabilitation.

EAST LANSING

Michael T. Andary, M.D., M.S.U. Clinical Center, 138 Service Rd Suite A-114, East Lansing, MI 48824-1313 [(517) 355-7648]. Specialty: physical medicine and rehabilitation.

Melissa Moon, D.O., 702 W Lake Lansing Rd Suite 4, East Lansing, MI 48823-1446 [(517) 336-9090].

GRAND RAPIDS

Sam Ho, M.D., 350 Lafayette SE, Grand Rapids, MI 49503 [(616) 459-0810]. Specialty: physical medicine and rehabilitation.

Chester Hoyt, M.D., 515 Michigan NE Suite 200, Grand Rapids, MI 49503 [(616) 458-1088]. Specialty: physical medicine and rehabilitation.

Christian Vandenberg, M.D., Benjamin Bruinsma, M.D. & Michael Jakubowski, M.D., 350 Lafayette SE, Grand Rapids, MI 49503 [(616) 459-1805].

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Dennis A. Jewett, M.D., Midwest Neurology, P.C., 575 W Crosstown Pky, Kalamazoo, MI 49008 [(616) 388-5037]. Specialty: neurology.

MARQUETTE

Michael J. Coyne, M.D., Marquette Medical Center, 1414 W Fair Ave, Marquette, MI 49855 [(906) 225-3914]. Specialty: physical medicine and rehabilitation.

MARSHALL

Paulino Chan, M.D., 105 N Jefferson, Marshall, MI 49068 [(616) 781-2250 or (616) 781-4545]. Specialty: internal medicine.

MIDLAND

Surenda Kaul, M.D. & David Schaffert, M.D., 555 W Wackerly St-Suite 3625, Midland, MI 48640 [(517) 835-8625]. Specialty: neurology.

MOUNT CLEMENS

James Stanton, M.D., Gratiot Orthopedic Clinic, 319 N Gratiot, Mt. Clemens, MI 48043-5797. (313) 469-3500. Specialty: orthopedics.

NOVI

Mav Sanghvi, M.D., Novi Medical Center, 41431 W Ten Mile Rd, PO Box 305, Novi, MI 48376-0305 [(313) 349-5011]. Specialty: orthopedics.

PONTIAC

Joseph G. Gough, M.D., St John's Hospital, 900 Woodward, Pontiac, MI 48341 [(313) 858-6112]. Specialty: physical medicine and rehabilitation.

Kenneth J. Richter, D.O. & Timothy Sesi, D.O., 888 Woodward, #304, Pontiac, MI 48341 [(313) 858-3949]. Specialty: physical medicine and rehabilitation.

ROYAL OAK

Myron LaBan, M.D., Sherry Viola, M.D. & Ronald Taylor, M.D., Beaumont Hospital, 3535 West 13 Mile Road, #437, Royal Oak, MI 48073-6703 [(313) 288-2210]. Specialty: physical medicine and rehabilitation.

SAGINAW

Kevin Brown, D.O., Medical Arts Bldg., 4677 Towne Centre Dr Suite 102, Saginaw, MI 48604 [(517) 791-4883]. Specialty: physical medicine and rehabilitation. Post-polio clinic.

SOUTHFIELD

Elizabeth W. Edmond, M.D., 20905 Greenfield, Southfield, MI 48075 [(313) 569-0290]. Specialty: physical medicine and rehabilitation.

THANKS!

These folks have opened their hearts and checkbooks to the Michigan Polio Network and to post-polios who cannot afford subscriptions to *POLIO PERSPECTIVES*. The helping hand you've offered is neither unseen nor unappreciated.

Remember, all donations are tax deductible.
Tax ID is #38-2661358.

FRIENDS

Individuals who contributed up to \$49

Kaylean Bellows

James G Mott

Rose Marie Reid

Phillip Roberts

Janet E Stevens

The
choice
is
yours.

Your donation will help support programs and services such as information retrieval, Town Hall Meetings and Conferences, Michigan Polio Collection Library, *POLIO PERSPECTIVES*, as well as alerting our members to any legislation and medical discoveries on the late effects of polio. You may wish to make any contribution within your means. You may want to make a Commemorative donation for someone's birthday or anniversary, you may want to make a Memorial donation in memory of someone near and dear who has passed on or you may wish to make a remembrance in your Last Will & Testament for funds or property. **THE CHOICE IS YOURS.**

Man seeks others on whom polio vaccine backfired

Man seeks others from Page 1
a lawsuit settlement. He says he considered himself lucky his condition wasn't worse.

Today, his right side is intact, and he has some strength in his left arm. The real problem, he says, is his left leg. His calf has begun to atrophy and the leg provides little support. Still, his paralysis didn't keep him from doing most of the things he liked.

That wasn't true for some of the other people paralyzed by the vaccine. Many never walked again. It's those people, he said, he's trying to reach with his ad. He doesn't want their story to be forgotten.

"If this kept children from getting polio, it was worth it," he said. "If the odds really are one in a million, it's got to be.

"But you've got to realize that there were some people who were hurt in the process. I just want them to know they're not alone."

GOODBYE

With this issue, I say my goodbyes to all you good people who have been so wonderful to me these past three years during which time I was your editor of the *POLIO PERSPECTIVES*.

I don't think that I could have done this job without you and especially without my erstwhile assistants such as Bernie Oleksa, Lorraine Fradle, Janice Gross, Roger Gross, Candy Soehren, Chuck Bond, Ruth Cornwell, Jerry Hazel, Gordie Sommer of Producers Graphic Services, Inc., Mary Beth Johnson of Pick Publications and the many, many others who contributed more than their share for the trials and tribulations of producing this newsletter.

So I say, again, thanks to all of you and goodbye. ©

ATTENTION!

Look at your label to see your expiration date and remit your dues if the expiration date shows that your membership has lapsed. If you want to continue receiving the *POLIO PERSPECTIVES*, you must pay your dues.

Ruth's Wisdom:
Observations can be colored
by prejudice.

The Polio Sleuth

There are as many as 15,000 post-polio people in Michigan. As many as 70% of us face the late effects of the disease within the next few years. Over 1,500 are on our data base. More than 4,400 have signed up with the state post-polio Registry. Thousands more desperately need information and support. Help us locate polio survivors. Tell them help is available. Ask them to register by writing for a registration form from the Michigan Polio Collection Library, 4291 Squires Rd, Quincy, MI 49082-9601 or call (517) 869-2996. We are here because we need each other. ©



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